



SHARP News

CNET-BUPERS

Healthy Lifestyles Toolkit is SHARP

Commanding Officers of all ships recently received a "Healthy Lifestyles Toolkit" from the Chief of Naval Education and Training (CNET letter 26 Feb 02; Ser LEAD12 / 0029). The kit contains seven videotapes (including CNET's *Sexual Responsibility*) and three compact diskettes (include the *SHARP Toolbox 2002*).

Commanding Officers are encouraged to use this kit to develop appropriate healthy lifestyle education and training. The kit is designed to help people recognize and change risky behavior that may result in unhealthy consequences (including but not limited to sexually transmitted diseases and unplanned pregnancies).

CNET has recommended that Commanding Officers use this kit for indoctrination training and to specifically target at-risk Sailors. The points of contact for the CNET-BUPERS tool kit is Mr. Barry Hoag BARRY.HOAG@CNET.NAVY.MIL or LT A. Lopez at N13W1@BUPERS.NAVY.MIL, (703) 614-6862/DSN 224.

SHARP Community Leaders, SHARP Instructors, health promoters, and preventive medicine professionals may find this an opportune time to reach out to ships and offer assistance with all-hands sexual health and responsibility education. This is also your opportunity to demonstrate to leaders of these commands how their members can become registered and trained SHARP instructors. Eventually, with SHARP people in every command, we can achieve our collective SHARP vision of

**A DoN cultural norm in which
sexual responsibility and safety
is encouraged, supported, and expected,
and a population in which
all pregnancies are planned, Syphilis is eliminated, and
other STDs, including HIV are prevented.**

Please contact the ships in your area, ask if they've received their CNET-BUPERS *Healthy Lifestyles Toolkit*, and offer your help.

To upgrade your personal copy of the *SHARP Toolbox* to the 2002 version, call or e-mail SHARP (macdonaldb@nehc.med.navy.mil). We'll send a copy right away.

Sexual Health and Responsibility Program (SHARP)

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